

# DEVOTED

## PERSONAL DISCIPLESHIP PLAN (TEMPLATE)

This Personal Discipleship Plan (PDP) is a tool to help you experience the good news of spiritual disciplines as we go through DEVOTED. As you create your own PDP, here are some tips that will help you out:

- Be specific as you create action items for each category
- Be timely by including dates when possible
- Be disciplined, but don't overdo it
- Put your finished PDP where you can see it everyday (print it off or and put it in your phone)
- Insert PDP action items the week after the sermon (see dates below)
- Get a PDP partner by sharing your PDP with someone in your community group

We hope you enjoy as you cannonball into God's grace - the good news of spiritual disciplines.

### **TRAIN** (1.5.20)

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### **REST** (1.12.20)

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**SOLITUDE (1.19.20)**

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**FASTING AND FEASTING (1.26.20)**

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**COMMIT (2.2.20)**

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**RECOMMENDED READING:**

- Recapturing the Wonder: Transcendent Faith in a Disenchanted World – Cospers
- The Ruthless Elimination of Hurry – Comer
- Spiritual Disciplines for the Christian Life - Whitney
- Habits of Grace – Mathis
- Celebration of Discipline: The Path to Spiritual Growth – Foster