

DEVOTED

PERSONAL DISCIPLESHIP PLAN (TEMPLATE)

This Personal Discipleship Plan (PDP) is a tool to help you experience the good news of spiritual disciplines as we go through DEVOTED. As you create your own PDP, here are some tips that will help you out:

- Be specific as you create action items for each category
- Be timely by including dates when possible
- Be disciplined, but don't overdo it
- Put your finished PDP where you can see it everyday (print it off or and put it in your phone)
- Insert PDP action items the week after the sermon (see dates below)
- Get a PDP partner by sharing your PDP with someone in your Community group

We hope you enjoy as you cannonball into God's grace - the good news of spiritual disciplines.

TRAIN (1.5.20)

- I will fill out the next section of my PDP each week after the sermon.
- I will share my PDP with someone from my community group to help me stay on target.

REST (1.12.20)

- Starting 1.18.20, I will take one day each week to rest and enjoy God and his creation.
- I will take 3 consecutive hours each day to just rest/read/enjoy family/etc.

SOLITUDE (1.19.20)

Bible

- Starting on 1.20.20, I will spent 10 minutes reading my Bible, 5 days a week.
- I will read through the NT and Psalms in 2020
- I will do the Read Scripture bible reading plan. www.readscripture.org

Study

- Create a reading plan for myself to read "Christian Beliefs" by Wayne Grudem - finish the book by 7.1.20.
- I will read 6 Christian books this year.

Prayer

- Begin memorizing Psalm chapter 1 on 2.10.20. Finish having memorized Psalm chapter 1 by 4.9.20.
- Buy or order a “prayer” journal by 2.16.20.
- I will pray for 10 minutes per day, 5 days per week.
- I will read “A Praying Life” by Paul Miller by 8.1.20

FASTING AND FEASTING (1.26.20)

- I will schedule a 24-hour fast from food sometime in March. I will share and explain my fasting experience with someone in my community group.
- I will schedule a time (or participate in a time) of feasting with my community group and will have a time to share about all the good things God has done and given.

COMMIT (2.2.20)

Corporate Worship

- I will commit to be at church for 4 weeks in a row. This may mean that I need to cancel or modify plans.
- I will commit to be at community group for 4 weeks in a row. This may mean that I need to cancel or modify plans.
- I will pray for 5 minutes alone at home before the leaving to go to church. I will pray for 2 things: 1) that God would prepare my heart for the sermon, 2) That I would be a “there you are person” instead of a “here I am person” as I walk into church.
- I will show up 10 minutes before the service and stay at least 10 minutes after the service to build relationships and meet new people.
- On Sunday 2.9.20, I will go introduce myself to someone new(er) at CoaH. I will ask them if they are in a community group, and if they aren’t I will invite them to my group.

Give

- I want to be a joyful and sacrificial giver. For me, this is giving 10% of my income to CoaH Somerville. I currently am giving about 5%. I will set up online automatic giving to CoaH by 3.1.20 by going to coahchurch.org and clicking on “Give”. My monthly giving will be 10% of my family’s monthly income.

Serve

- I will serve in CoaH Kids once per month starting the first Sunday of March, 2020.
- I will serve in the greeting team twice per month starting the first Sunday of April, 2020.

Membership

- I will take the next step toward membership, attending the next Foundations class.